



InterPlexus®
WHOLE BODY HEALTH

Zinc Plus

Zinc Plus

Highly Bioavailable Zinc Ascorbate and Bioflavonoid Compounds*

Blend of Zinc, Vitamin C, and Organic Citrus Bioflavonoids to support healthy immune system function, boost antioxidant status, and decrease inflammation*

Zinc Plus is a highly bioavailable formulation of zinc ascorbate and organic citrus bioflavonoids. This non-GMO product provides 12 mg of zinc per capsule, as well as 64 mg of Vitamin C and 45 mg of bioflavonoids. This formula supports immune function and assists with repair and maintenance of healthy body tissues.*

How does Zinc Plus Work?

Zinc Plus is formulated with high-quality nutrients and plant extracts to help improve immune function and optimize tissue health in the face of oxidative stress.*

Supplementation with Zinc Plus:

- Stimulates immune system activity*
- Supplies antioxidants*
- Helps maintain healthy cells and tissues*
- Maintains healthy skin and mucus membranes*
- Protects from free radical damage during times of oxidative stress*
- Helps maintain cell structural integrity*
- Nurtures healthy reproductive function*
- Assists in catalyzing hundreds of chemical reactions in the body*
- Is key to the growth and development of all body tissues*



Dairy Free



Soy Free



Egg Free



Gluten Free



Non-GMO



Vegetarian

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health concerns.

MUSCULOSKELETAL SUPPORT

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What the research and clinical use shows:

Zinc (as zinc ascorbate)

Zinc is an essential mineral found abundantly in animal foods such as eggs, meat, and seafood. This mineral is used in thousands of biochemical pathways in the body. Most notably, zinc is imperative in modulating inflammation and immune function.

Zinc is key to proper immune system development and function. Zinc is a cofactor in the development and production of the important T-lymphocyte cells which are required for a healthy immune response.¹ Zinc is also needed to produce ROS (reactive oxygen species) which help the immune system defend the body from dangerous pathogens.¹ Severe immune dysfunction is seen in zinc deficiency states.¹

Zinc is also required to defend the body from degenerative diseases such as rheumatoid arthritis, diabetes mellitus, and atherosclerosis.¹ Frank deficiency of zinc in the developed world is most commonly seen in the elderly (up to 30%) and contributes to higher levels of degenerative disease in these populations.¹ Lifestyle factors including intake of foods high in phytates and alcohol can also reduce zinc levels in individuals of all ages.²

Zinc deficiency is also known to impair spermatogenesis, reduce testosterone output, slow growth, and retard wound healing.^{2,3} Additionally, Zinc is also required for proper red blood cell formation.¹

Zinc deficiency can lead to an increase in the incidence of cancers, allergies and mental illnesses such as depression and schizophrenia.¹

Vitamin C

Vitamin C is required for the healthy structure and function of the body. Several large-scale prospective cohort studies have supported a correlation between vitamin C status and lower risk of mortality and cardiovascular diseases.^{4,5} Vitamin C is required for the formation of bones, muscles, and cartilage.⁶ Additionally, Vitamin C is an important antioxidant, a modulator of the immune system, and is needed for neurotransmitter synthesis.⁶ Vitamin C is considered an "immunostimulant" because it encourages immune cell activity against pathogens.⁶ Vitamin C also inhibits histamine secretion by mast cells and lowers blood histamine levels, thereby improving allergy symptoms.⁷

Organic Citrus Bioflavonoid Complex – *Citrus limon*, *Citrus sinensis*, *Citrus reticulata*

Flavonoids are polyphenolic plant chemicals found throughout the plant kingdom which have a variety of physiological benefits. Citrus bioflavonoids are isolated specifically from the *Citrus* genus.

Citrus bioflavonoids are powerful compounds with antimicrobial as well as antioxidant effects.⁸ One citrus bioflavonoid, hesperidin, has been shown to reduce circulating levels of inflammatory biomarkers and pro-atherogenic compounds in the

human body.⁹ Studies have demonstrated repeatedly that bioflavonoids as a class decrease circulating markers of inflammation and protect human cells from oxidation and even from developing certain cancers and neurodegenerative conditions.¹⁰⁻¹²

When it comes to the immune system, citrus bioflavonoids are known to exert effects there as well. In a clinical study of patients with hepatitis C virus, orange juice as a source of bioflavonoids was shown to help the body defend against many of the detrimental effects of this chronic viral infection.¹³

Supplement Facts

Serving Size: 1 Vegetarian Capsule
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin C (as Zinc Ascorbate)	64 mg	71%
Zinc (from Zinc Ascorbate)	12 mg	109%
Organic Citrus Bioflavonoid Complex	45 mg	**
From Lemon (<i>Citrus limon</i>), Orange (<i>Citrus sinensis</i>) and Tangerine (<i>Citrus reticulata</i>) Fruit		

** Daily Value (DV) not established.

Other ingredients: Cellulose (from capsule), Organic Rice Flour, Nu-Mag and Nu-Flow.

Allergen Information: Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Suggested Use: Take 1 capsule daily or as directed by your physician.

Caution: If pregnant or nursing, or taking any

Dairy, Soy, Egg & Gluten Free.

†Suitable for Vegetarians.

References:

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